

Vernon IB World School

IBelieve. IBelong. IBecome. Come grow with us.

Vernon's Weekly Newsletter

Friday, December 4, 2020

The Owl Post











VERNON PTA WEBSITE

VernonPTA.org Our mission is to make every child's potential a reality by engaging and empowering families and our communities to advocate for all children. Vernon's PTA (Parent Teacher Association) welcomes all people of every color, language, ethnicity, origin, ability, sexual orientation, gender expression, marital status, and life situation. We are a beautiful diverse school community. Join us! We are stronger when everyone's voice is heard.

Upcoming Events and Calendar Dates

Monday, December 7th

- Families of Black Students Meeting 6:00pm https://meet.google.com/qvd-yvrb-xhh
- Las Familias Meeting 6:00pm meet.google.com/vez-gbru-zmg

Friday, December 11th

 Principal's Virtual Coffee Hour 10:00AM <u>meet.google.com/vnq-aouk-vpp</u> phone number: 612-404-0718. PIN: 375 579 737# Guest speakers: Hanna Allen and Shannon Nicolas, Vernon's K-8 Counselors

Tuesday, December 15th

 Introduction to Collaborative Problem Solving w Ms Hanna Allen, School Counselor. 6:00-7:00pm meet.google.com/gim-xkcg-yfc

Thursday, December 17th

Vernon Virtual PTA Meeting 5:45-7:30pm Zoom: <a href="https://us02web.zoom.us/j/82214143120?pwd="https://us02web.zoom.us/j/822141443120?pwd="https://us

Meeting ID: 822 1414 3120

Passcode: uZqq0x

One tap mobile 6699006833, Passcode: 799473

Friday, December 18th

 Principal's Virtual Coffee Hour 10:00AM <u>meet.google.com/vnq-aouk-vpp</u> phone number: 612-404-0718. PIN: 375 579 737#





Counselor Corner

Counselor Website



Ms. Hanna's Office Hours

KG- 3rd Grades: Tuesdays 8-8:30am **Thursdays 1:30-2:30pm**

> counselorhannaofficehours ~-----

Introduction to Collaborative Problem Solving for Families on 12/15 6:00-7:00 pm

Join with Zoom Link

Weekly Mindfulness with Ms. Hanna

Tuesdays 8:30am & Thursdays 2:30pm Weekly Mindfulness

Ms. Shannon's Office Hours

4th & 5th Grades: Mondays 1:15-2pm

msshannonoffice4-5

MYP Drop In for Counseling Support

Wednesdays 12:15-1pm msshannonsupport

Contact Information:

Ms. Hanna (K-3):

hallen@pps.net

Ms. Hanna Appointment Request

(971) 378-0424

Ms. Shannon (4-8):

snicolas@pps.net

Ms. Shannon Appointment Request (503) 308-9546

Wings of Freedom (QSA)

Wings is a student-run group that unites LGBTQIA+ and allied youth to build community and organize around issues impacting them in their schools and communities.

3-5 Wings of Freedom: Wednesdays @ 3:15-3:45pm

code: wings3-5

6-8 Wings of Freedom: Fridays @ 11:45-12:15

code: vernonwings

Social Emotional Learning Journal

Is ready to be given out to KG-5 grade students. We will be including them in our weekly pick up times at Vernon and students can access guidance for each weeks subject on the Counselors

Website

How to build your own resilience:

There are lots of things you can do to develop your own resilience. Here are some ideas:



Think positive thoughts



Learn from mistakes



Accept that negative things can



Look after yourself



Work towards your goals



Improve your problem solving skills



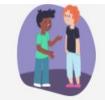
Keep trying



Look for the positives in the situation



Find things that help you feel calm



Talk to someone



Accept that change happens all the



Get help when you need it

High School Enrollment for 8th Graders

Students must apply by DECEMBER 11TH

8th Grade Information: https://www.pps.net/8thgradeinfo

Look for letter from PPS Enrollment and Transfer, with personal link to apply for High School of choice.

For Lottery Option apply here: https://www.pps.net/Page/2343

For Dual Assignment fill out this form: **Dual Assignment Form**

Dual Enrollment

Most Vernon students have the choice between two High Schools.

Jefferson High School and Madison,

Roosevelt, or Grant

Students need to make their choice by **December 11**. If they do not pick, a High School will be picked for them.

Lottery Option High School

PPS has 3 Option High Schools:

<u>Jefferson High School</u>

<u>Benson High School</u>

<u>Metropolitan Learning Center (MLC)</u>

Students must apply by <u>December</u> <u>11</u>, decisions made by January

If you have questions or would like to talk to someone about your options. You can email or text/call Ms. Shannon at snicolas@pps.net (503)308-9546

Vernon School presents

Introduction to Collaborative Problem Solving

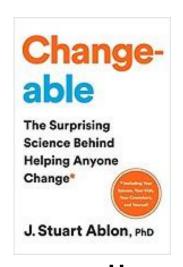
for Families

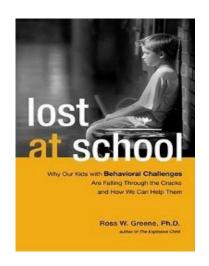
Tuesday December 15, 2020 6:00-7:00 pm via Meet link embedded in the title.

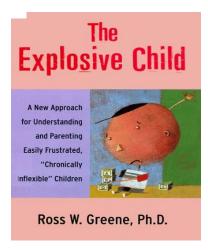
This includes a follow up coaching session sign up



















PARENTING THROUGH THE HOLIDAYS DURING A PANDEMIC

Speakers and mutual support break out groups on topics related to mental health and wellness, healthy celebrations, coping, preventing and addressing youth substance use.











Registration not required, but to reserve your space (and the chance for a door prize)

<u>click here</u>

Similar events to be scheduled in (Spanish, Russian, Mandarin, Somali, Vietnamese) early next year. Please watch for dates and times

Event brought to you in partnership by:







Updates from the Vernon Library

Friday, October 30, 2020



Let's Get Reading! Update

It has been wonderful to see so many students picking up book bags on Wednesdays! Please see the attached calendar for pick up times for the months of November and December. Please watch for additional information about pick up times for lanuary and beyond in a future update.

Starting on Wednesday, November 4, we will be adjusting reading bag pick up times and the location. **Book bag pickup will be available between noon and 4 PM** via the door at the northwest corner of the school on NE 20th Ave. Please see the map below.



Fall Conferences

Mrs. Wilkins will be available to meet with interested families for 15-minute slots during our November conferences this year. If you'd like to meet, please sign up for a time via <u>Google Calendar</u>. I will send video conference links to those signed up for conferences approximately one week before our conference times. Please contact me with any questions.

Ms Wilkin's Google Calendar

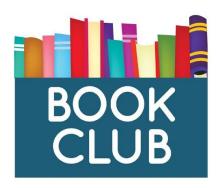
Library Book & Textbook Return

You are welcome to bring library materials for return to the reading bag distributions on Wednesdays.

Vernon Book Club

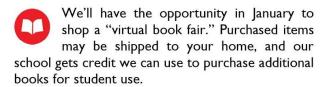
As we begin the second quarter of the school year, we will begin offering a weekly book club as an enrichment opportunity for students. We will read a variety of books together and discuss questions related to the text. Please see the library calendar for scheduled dates and times.

Students will receive additional information via their SeeSaw and Canvas announcements. Please stay tuned for additional information coming your way soon!



Upcoming Events

Virtual Scholastic Book Fair - January 11-24



PPS Library Services Resources

Our Library Services Department has curated some excellent resources for eBooks you can access at any time, as well as a variety of research tools. You'll find links on our <u>library services web page</u>.

Vernon Library Calendar

November/December 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 2	3	4	5	6
Week 8 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	K-2 Library Office Hours and Book Club 2:15-2:45 PM	Reading Bag Pickup Last Names A-G 12:00-4:00 PM*	6-8 Book Club from 8:45-9:30 AM 6-8 Library Office Hours 1:00-1:30 PM	Teacher Planning Day - No School for Students
9 Week 9 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	IO K-2 Library Office Hours and Book Club 2:15-2:45 PM	Veteran's Day - No School	6-8 Book Club from 8:45-9:30 AM 6-8 Library Office Hours 1:00-1:30 PM 3-5 Book Club 3:30-4:15 PM	3-5 Library Office Hours 11-11:30 AM
16 Week 10 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	K-2 Library Office Hours and Book Club 2:15-2:45 PM	I8 Reading Bag Pickup Last Names H-N I2:00-4:00 PM*	19 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours I:00-I:30 PM 3-5 Book Club 3:30-4:15 PM PM Conferences 4:00-8:00PM^	20 3-5 Library Office Hours II-II:30 AM
23 Conferences 8 AM – 8 PM^ (No School)	24 Conferences 8 AM – 4 PM^ (No School)	25 🌺 Thank	26 sgiving Break – No	27 School
30 Week II Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	Dec. I K-2 Library Office Hours and Book Club 2:15-2:45 PM	2 Reading Bag Pickup Last Names O-Z 12-4 PM*	3 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Book Club 3:30-4:15 PM	4 3-5 Library Office Hours 11-11:30 AM
7 Week 12 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	8 K-2 Library Office Hours and Book Club 2:15-2:45 PM	9 Reading Bag Pickup Last Names A-G I2-4 PM*	10 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Book Club 3:30-4:15 PM	11 3-5 Library Office Hours 11-11:30 AM

Vernon Library Calendar

November/December 2020

Veek 13 Library Activities Posted in SeeSaw (K-5) and Canvas (6-8)	K-2 Library Office Hours and Book Club 2:15-2:45 PM	Reading Bag Pickup Last Names H-N 12-4 PM*	17 6-8 Book Club from 8:45 - 9:30 6-8 Library Office Hours 1:00-1:30 PM 3-5 Book Club 3:30-4:15 PM	3-5 Library Office Hours 11-11:30 AM 3-5 Assignment Feedback Posted			
21 22 23 24 25 Winter Break - December 21-January I (No School for Students)							
		Jan. 6 Reading Bag Pickup Last Names: O-Z 12-4 PM*					

^{*}The Time and Location for Book Pickup has changed due to winter weather and darker days. The time on Wednesday's will now be from 12:00 - 4:00 at the side door of Vernon on 20th Avenue where students leave for busses. Additional times beyond January 6 will be communicated at a later date.

^Conferences with Mrs. Wilkins will be available during the scheduled dates and times. If you would like to sign up for a 15-minute conference time, please use the <u>Conference Sign Up Link</u>. Mrs. Wilkins will communicate with you via about a video conference link prior to the scheduled conference time.

Office Hours Links Have Changed:

- K-2 Office Hours and Book Club Link: http://meet.google.com/lookup/wilkinsK-2
- 3-5 Office Hours and Book Club Link: http://meet.google.com/lookup/wilkins3-5
- 6-8 Office Hours and Book Club Link: http://meet.google.com/lookup/wilkins6-8

Please note: We ask that you visit the school to pick up books only on your assigned day. This will ensure availability of books and that we are able to comply with guidelines from the Oregon Health Authority and Oregon Department of Education about quarantining books.